



DARK STAR 2016 RESULTS - Overall

Pos.	Last Name	First Name	Gender	Club	Time
1	Mills	Stuart	Male	Uckfield Runners	3.32.08
2	Pompapairac	David	Male	Unattached	3.45.10
3	Barker	David	Male	Tunbridge Wells Harriers	3.47.39
4	Byrne	Robert	Male	Gosport Road Runners	3.48.48
5	Sargent	Paul	Male	Burgess Hill Runners	3.50.32
6	Nicholls	Mark	Male		3.54.25
7	Dunlop	Ewan	Male	Steyning AC	3.57.03
8	Burke	Jonny	Male	Unattached	3.58.04
9	Cousins	Stephen	Male	Worthing Harriers	4.03.09
10	Ashton	Luke	Male	BOSH	4.07.05
11	Thornton	Mal	Male	Horsham Joggers	4.08.15
12	Block	Caitlin	Female	BOSH run	4.09.02
13	Sawyer	Tom	Male	Unattached	4.10.44
14	Brouner	James	Male	Unattached	4.12.32
15	Read	Julian	Male	Unattached	4.13.10
16	Davis	Christopher	Male	Unattached	4.14.18
17	Shlovogt	Richard	Male	Worthing & District Harriers	4.16.28
18	Stephenson	Daniel	Male	Unattached	4.23.18
19	Dibble	Mark	Male	Unattached	4.25.04
20	Harrington	Sharona	Female	Burgess Hill Runners	4.26.29
21	Bentham	Darren	Male	Chequers Chasers	4.27.05
22	Jarvis	Ben	Male	Gosport Road Runners	4.27.16

23	Scott	Adrian	Male	Steyping AC	4.28.43
24	Sutton	Pete	Male	Worthing Striders	4.28.43
25	Miles	Robert	Male	Unattached	4.29.39
26	Whittle	David	Male	BOSH	4.31.18
27	Hammond	Rob	Male	Unattached	4.32.13
28	Chinchen	Scott	Male	Steyping AC	4.33.03
29	Claassens	Thijis	Male		4.34.48
30	Goldsack	Liz	Female		4.34.48
31	Bunce	Thomas	Male	Worthing Harriers	4.36.16
32	Carruthers	Paul	Male	Horsham Amphibians	4.36.43
33	Bartup	Mark	Male	Unattached	4.42.59
34	Davey	Henry	Male	Unattached	4.45.29
35	Shabab	Rashaad	Male	Unattached	4.45.37
36	Harden	Antony	Male	Unattached	4.46.49
37	Tombs	James	Male	Saints & Sinners Fun Runners	4.47.04
38	Kirkwood	Rob	Male	Unattached	4.47.58
39	Bodsworth	Simon	Male	Tone Zone Runners	4.48.38
40	Thomson	Dan	Male	Burgess Hill Runners	4.49.28
41	Pettitt	Alan	Male	Horsham Joggers	4.51.55
42	Fletcher	Jake	Male	Hove Hornets	4.54.31
43	Rafferty	Patrick	Male	Unattached	4.55.00
44	Vincent	Rob	Male	Unattached	4.55.00
45	Southwell	Steven	Male	Arena 80 AC	4.55.31
46	Derry	Mark	Male	Unattached	4.55.55
47	Fowler	Keith	Male	Worthing Striders	4.56.24
48	Hughes	Jason	Male	Unattached	4.57.43
49	King	Matthew	Male	Unattached	4.58.08
50	Cheal	Ben	Male	Unattached	4.58.45
51	Richardson	Jonathan	Male	100 Marathon Club	4.59.13
52	Millard	Colin	Male	Unattached	4.59.39
53	Coe	Paul	Male	Tone Zone Runners	4.59.55
54	Stilwell	Tony	Male	Lewes AC	5.00.47
55	Hayles	David	Male	Alton Runners	5.01.33

56	Moss	Helen	Female	Unattached	5.01.55
57	Fitzgerald	John	Male	Unattached	5.02.43
58	Peglar	David	Male		5.03.24
59	Friend	Brian	Male	Brighton Phoenix AC	5.08.27
60	Apps	Simon	Male	Unattached	5.10.38
61	Monk	Andy	Male	Unattached	5.10.38
62	Clarke	Robert	Male	Portslade HedgeHoppers	5.11.49
63	Kelly	Graeme	Male		5.12.45
64	Buckland	Emma	Female	Burgess Hill Runners	5.14.45
65	Chilcott	Darren	Male	Burgess Hill Runners	5.19.18
66	Atkinson	Paul	Male	Tuff Fitty Triathlon Club	5.19.42
67	Upton	David	Male	Unattached	5.20.56
68	Cooper	Liz	Female	Fittleworth Flyers	5.21.18
69	Carter	Kevin	Male	Unattached	5.21.48
70	Hamilton	Damian	Male	Mudcrew	5.23.19
71	Dartnell	Mark	Male	Unattached	5.23.32
72	Maddocks	Tom	Male	Unattached	5.25.00
73	Leake	Samantha	Female	Unattached	5.25.33
74	Leighton	Iain	Male	Unattached	5.26.29
75	Pumphrey	Andy	Male	Phoenix AC	5.27.01
76	Shaw	Andy	Male	Unattached	5.27.12
77	Dargonne	Cliff	Male	UKA	5.27.31
78	Amiet	Steve	Male	BOSH	5.28.00
79	Woods	Helen	Female	Horsham Joggers	5.35.14
80	Lamb	Andrew	Male	N/A	5.40.39
81	Keefe	Andrew	Male	Unattached	5.49.23
82	Morse	Karen	Female	Lewes AC	5.50.03
83	Yeomans	Chris	Male	Horsham Joggers	5.50.23
84	Pirie	Beth	Female	Victory AC	5.51.01
85	Moore	Ian	Male	Tuff Fitty	5.54.24
86	Moore	Leigh	Female	Tuff Fitty	5.54.24
87	Norman	Zoe	Female	Unattached	5.54.47
88	Kirk	John	Male	Fittleworth Flyers	5.56.06

89	Hill	Paul	Male	Unattached	5.56.40
90	Warr	Tony	Male	Unattached	5.56.40
91	Jones	Nick	Male	Unattached	5.57.01
92	Butler	Michelle	Female	Victory AC	5.57.38
93	Cottom	Ellen	Female	100 Marathon Club	5.58.57
94	Hewitt	Lisa	Female	100 Marathon Club	5.59.49
95	Elder	Sharla	Female	Worthing & District Harriers	6.00.15
96	Cauchy-Duval	Debra	Female	Tuff Fitty Triathlon Club	6.00.17
97	Pearson	Sue	Female	Goring Road Runners	6.00.17
98	Rafferty	Kenneth	Male	Unattached	6.00.21
99	Rafferty	Mike	Male		6.02.42
100	Bushell	Len	Male	Unattached	6.02.49
101	Bhogal	Sunjay	Male	Striders of Croydon AC	6.04.33
102	Lawson	Pete	Male	Fittleworth Flyers	6.04.54
103	Jennings	Neil	Male	Horsham Joggers	6.05.40
104	Sahota	Paul	Male	100 Marathon Club	6.06.14
105	Tregenza	Jay	Female	Brighton and Hove Women's Running Club	6.06.15
106	Scott	Tony	Male	bosh run	6.07.43
107	Dean	Russell	Male	N/a	6.11.08
108	Biggins	John	Male	Brighton Hash House Harriers	6.11.42
109	Darney	Bryan	Male	Goring Road Runners	6.14.03
110	Morill	Ben	Male		6.22.44
111	Bukowski	Slawek	Male	Unattached	6.22.48
112	Weeks	Jevon	Male	Unattached	6.22.48
113	Carlyle	Angus	Male	Unattached	6.25.25
114	Lavis	Jan	Female	Burgess Hill Runners	6.26.12
115	Tucknott	Claire	Female	Burgess Hill Runners	6.26.12
116	Joy	James	Male	Trent Park Running Club	6.27.07
117	Heath	Terry	Male	Unattached	6.27.14
118	Ecaille	Philippe	Male	Burgess Hill Runners	6.34.40
119	Currie	Sam	Male	Bosh run	6.35.22
120	Chivers	Natalie	Female	Haywards Heath Harriers	6.35.23
121	Burgess	Paul	Male	Horsham Joggers	6.39.02

122	McLaughlin	Paul	Male	Unattached	6.48.39
123	Gharsallah	Andrea	Female	Worthing Running Sisters	7.04.08
124	Dawson	Jamie	Male	Goring Road Runners	7.05.47
125	Doherty	Russ	Male	Goring Road Runners	7.05.54
126	Mckay	Paul	Male	Huncote Harriers	7.09.26
127	Allars	Nick	Male	Huncote Harriers	7.27.18
128	Roberts	Melanie	Female	Horsham Joggers	7.34.42
129	Smith	Stuart	Male	Littledown Harriers RC	7.34.42



DARK

Pos.	Last Name	First Name	Gender
1	Mills	Stuart	Male
26	Pompapairac	David	Male
27	Barker	David	Male
28	Byrne	Robert	Male
29	Sargent	Paul	Male
30	Nicholls	Mark	Male
31	Dunlop	Ewan	Male
32	Burke	Jonny	Male
33	Cousins	Stephen	Male
34	Ashton	Luke	Male
35	Thornton	Mal	Male
36	Sawyer	Tom	Male
37	Brouner	James	Male
38	Read	Julian	Male
39	Davis	Christopher	Male
40	Shlovogt	Richard	Male
41	Stephenson	Daniel	Male
42	Dibble	Mark	Male
43	Bentham	Darren	Male
44	Jarvis	Ben	Male
45	Scott	Adrian	Male
46	Sutton	Pete	Male
47	Miles	Robert	Male
48	Whittle	David	Male
49	Hammond	Rob	Male
50	Chinchen	Scott	Male
51	Claassens	Thijis	Male
52	Bunce	Thomas	Male
53	Carruthers	Paul	Male
54	Bartup	Mark	Male
55	Davey	Henry	Male
56	Shabab	Rashaad	Male
57	Harden	Antony	Male
58	Tombs	James	Male
59	Kirkwood	Rob	Male
60	Bodsworth	Simon	Male
61	Thomson	Dan	Male
62	Pettitt	Alan	Male
63	Fletcher	Jake	Male

64	Rafferty	Patrick	Male
65	Vincent	Rob	Male
66	Southwell	Steven	Male
67	Derry	Mark	Male
68	Fowler	Keith	Male
69	Hughes	Jason	Male
70	King	Matthew	Male
71	Cheal	Ben	Male
72	Richardson	Jonathan	Male
73	Millard	Colin	Male
74	Coe	Paul	Male
75	Stilwell	Tony	Male
76	Hayles	David	Male
77	Fitzgerald	John	Male
78	Peglar	David	Male
79	Friend	Brian	Male
80	Apps	Simon	Male
81	Monk	Andy	Male
82	Clarke	Robert	Male
83	Kelly	Graeme	Male
84	Chilcott	Darren	Male
85	Atkinson	Paul	Male
86	Upton	David	Male
87	Carter	Kevin	Male
88	Hamilton	Damian	Male
89	Dartnell	Mark	Male
90	Maddocks	Tom	Male
91	Leighton	Iain	Male
92	Pumphrey	Andy	Male
93	Shaw	Andy	Male
94	Dargonne	Cliff	Male
95	Amiet	Steve	Male
96	Lamb	Andrew	Male
97	Keefe	Andrew	Male
98	Yeomans	Chris	Male
99	Moore	Ian	Male
100	Kirk	John	Male
101	Hill	Paul	Male
102	Warr	Tony	Male
103	Jones	Nick	Male
104	Rafferty	Kenneth	Male
105	Rafferty	Mike	Male
106	Bushell	Len	Male
107	Bhogal	Sunjay	Male
108	Lawson	Pete	Male
109	Jennings	Neil	Male
110	Sahota	Paul	Male
111	Scott	Tony	Male
112	Dean	Russell	Male
113	Biggins	John	Male

114	Darney	Bryan	Male
115	Morill	Ben	Male
116	Bukowski	Slawek	Male
117	Weeks	Jevon	Male
118	Carlyle	Angus	Male
119	Joy	James	Male
120	Heath	Terry	Male
121	Ecaille	Philippe	Male
122	Currie	Sam	Male
123	Burgess	Paul	Male
124	McLaughlin	Paul	Male
125	Dawson	Jamie	Male
126	Doherty	Russ	Male
127	Mckay	Paul	Male
128	Allars	Nick	Male
129	Smith	Stuart	Male



STAR 2016 RESULTS - Male

Club	Time
Uckfield Runners	3.32.08
Unattached	3.45.10
Tunbridge Wells Harriers	3.47.39
Gosport Road Runners	3.48.48
Burgess Hill Runners	3.50.32
	3.54.25
Steyning AC	3.57.03
Unattached	3.58.04
Worthing Harriers	4.03.09
BOSH	4.07.05
Horsham Joggers	4.08.15
Unattached	4.10.44
Unattached	4.12.32
Unattached	4.13.10
Unattached	4.14.18
Worthing & District Harriers	4.16.28
Unattached	4.23.18
Unattached	4.25.04
Chequers Chasers	4.27.05
Gosport Road Runners	4.27.16
Steyning AC	4.28.43
Worthing Striders	4.28.43
Unattached	4.29.39
BOSH	4.31.18
Unattached	4.32.13
Steyning AC	4.33.03
	4.34.48
Worthing Harriers	4.36.16
Horsham Amphibians	4.36.43
Unattached	4.42.59
Unattached	4.45.29
Unattached	4.45.37
Unattached	4.46.49
Saints & Sinners Fun Runners	4.47.04
Unattached	4.47.58
Tone Zone Runners	4.48.38
Burgess Hill Runners	4.49.28
Horsham Joggers	4.51.55
Hove Hornets	4.54.31

Unattached	4.55.00
Unattached	4.55.00
Arena 80 AC	4.55.31
Unattached	4.55.55
Worthing Striders	4.56.24
Unattached	4.57.43
Unattached	4.58.08
Unattached	4.58.45
100 Marathon Club	4.59.13
Unattached	4.59.39
Tone Zone Runners	4.59.55
Lewes AC	5.00.47
Alton Runners	5.01.33
Unattached	5.02.43
	5.03.24
Brighton Phoenix AC	5.08.27
Unattached	5.10.38
Unattached	5.10.38
Portslade HedgeHoppers	5.11.49
	5.12.45
Burgess Hill Runners	5.19.18
Tuff Fitty Triathlon Club	5.19.42
Unattached	5.20.56
Unattached	5.21.48
Mudcrew	5.23.19
Unattached	5.23.32
Unattached	5.25.00
Unattached	5.26.29
Phoenix AC	5.27.01
Unattached	5.27.12
UKA	5.27.31
BOSH	5.28.00
N/A	5.40.39
Unattached	5.49.23
Horsham Joggers	5.50.23
Tuff Fitty	5.54.24
Fittleworth Flyers	5.56.06
Unattached	5.56.40
Unattached	5.56.40
Unattached	5.57.01
Unattached	6.00.21
	6.02.42
Unattached	6.02.49
Striders of Croydon AC	6.04.33
Fittleworth Flyers	6.04.54
Horsham Joggers	6.05.40
100 Marathon Club	6.06.14
bosh run	6.07.43
N/a	6.11.08
Brighton Hash House Harriers	6.11.42

Goring Road Runners	6.14.03
	6.22.44
Unattached	6.22.48
Unattached	6.22.48
Unattached	6.25.25
Trent Park Running Club	6.27.07
Unattached	6.27.14
Burgess Hill Runners	6.34.40
Bosh run	6.35.22
Horsham Joggers	6.39.02
Unattached	6.48.39
Goring Road Runners	7.05.47
Goring Road Runners	7.05.54
Huncote Harriers	7.09.26
Huncote Harriers	7.27.18
Littledown Harriers RC	7.34.42



DARK S

Pos.	Last Name	First Name	Gender
1	Block	Caitlin	Female
2	Harrington	Sharona	Female
3	Goldsack	Liz	Female
4	Moss	Helen	Female
5	Buckland	Emma	Female
6	Cooper	Liz	Female
7	Leake	Samantha	Female
8	Woods	Helen	Female
9	Morse	Karen	Female
10	Pirie	Beth	Female
11	Moore	Leigh	Female
12	Norman	Zoe	Female
13	Butler	Michelle	Female
14	Cottom	Ellen	Female
15	Hewitt	Lisa	Female
16	Elder	Sharla	Female
17	Cauchy-Duval	Debra	Female
18	Pearson	Sue	Female
19	Trogenza	Jay	Female
20	Lavis	Jan	Female
21	Tucknott	Claire	Female
22	Chivers	Natalie	Female
23	Gharsallah	Andrea	Female
24	Roberts	Melanie	Female



TAR 2016 RESULTS - Female

Club	Time
BOSH run	4.09.02
Burgess Hill Runners	4.26.29
	4.34.48
Unattached	5.01.55
Burgess Hill Runners	5.14.45
Fittleworth Flyers	5.21.18
Unattached	5.25.33
Horsham Joggers	5.35.14
Lewes AC	5.50.03
Victory AC	5.51.01
Tuff Fitty	5.54.24
Unattached	5.54.47
Victory AC	5.57.38
100 Marathon Club	5.58.57
100 Marathon Club	5.59.49
Worthing & District Harriers	6.00.15
Tuff Fitty Triathlon Club	6.00.17
Goring Road Runners	6.00.17
Brighton and Hove Women's Running Club	6.06.15
Burgess Hill Runners	6.26.12
Burgess Hill Runners	6.26.12
Haywards Heath Harriers	6.35.23
Worthing Running Sisters	7.04.08
Horsham Joggers	7.34.42