

Sussex Trail Events
AW20 Provisional Results 31st March 2019

Position	Number	First Name	Surname	Team	Time	
1	248	Craig	Halsey		0 1:55:16.8	1st Male
2	318	Lucy	Reid	Tonbridge AC	2:01:45.2	1st Female
3	380	Tom	Hooper	Brighton Phoenix	2:08:57.6	2nd Male
4	328	Paul	Sargent	Burgess Hill runners	2:11:06.5	3rd Male
5	369	Ian	Wilding		0 2:18:12.5	
6	253	Rose	Harvey	Clapham Chasers	2:20:11.3	2nd Female
7	362	Scott	Wallace	Goring Road Runners	2:20:41.7	
8	234	Michael	Fleming	Horley Harriers	2:21:01.4	
9	188	Penny	Brook		0 2:21:16.5	3rd Female
10	185	Jon	Boxall	Burgess Hill runners	2:21:26.7	
11	216	Allan	Curme	Worthing and District Harriers	2:21:50.0	
12	307	Andy	Payne	Arena 80	2:22:27.1	
13	279	Kari	Mack	Bognor Regis Tone Zone Runners	2:23:23.1	
14	316	Gareth	Rees	Horsham Amphibians Triathlon	2:26:09.0	
15	178	Nicholas	Barter	Lancing Eagles Running Club	2:27:09.2	
16	246	Alan	Griffiths	Henfield Joggers	2:27:27.0	
17	207	Ben	Constable	Brighton & Hove AC	2:29:27.0	
18	323	Pete	Robinson	Henfield Joggers	2:31:22.8	
19	349	Adam	Stephens	Worthing and District Harriers	2:32:08.0	
20	350	Pete	Sutton	Run Academy Worthing	2:32:26.7	
21	233	Becky	Fleming	Horley Harriers	2:34:21.5	
22	245	Mark	Greet		0 2:34:24.0	
23	281	Luis Miguel	Martin Nieto		0 2:35:21.8	
24	215	Amelia	Culshaw	Brighton Phoenix	2:35:34.8	
25	357	Jessica	Thomson	Bognor Regis Tone Zone Runners	2:35:47.2	
26	302	John	Orden	Arena 80	2:36:22.5	

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Position	Number	First Name	Surname	Team	Time
27	376	Martin	Wood		0 2:37:01.4
28	262	Kevin	James	Mid Sussex Tri Club	2:38:00.8
29	331	Joe	Sayer		0 2:38:01.4
30	260	Mike	Jaffe	Mid Sussex Tri Club	2:38:23.6
31	373	Ruth	Willis	Reigate Priory Athletics Club	2:38:34.6
32	257	Peter	Hughes		0 2:39:04.8
33	346	Carolyn	Stapely	Bognor Regis Tone Zone Runners	2:39:23.6
34	266	David	Kiley		0 2:39:32.7
35	229	Anne Kari	Enes	Bognor Regis Tone Zone Runners	2:39:56.8
36	242	Lisa	Goldsmith	Hailsham Harriers	2:39:57.9
37	321	Samantha	Ridley	Haywards Heath Harriers	2:40:38.4
38	280	Rami	Malki	Arena 80	2:40:42.7
39	181	Andrew	Bishop	Burgess Hill runners	2:40:54.4
40	247	Emma	Habba	Arena 80	2:42:28.9
41	203	Naomi	Cikalo	Haywards Heath Harriers	2:45:32.5
42	333	Reg	Shirley	Goring Road Runners	2:45:43.8
43	338	Geri	Smith	Horsham Joggers	2:46:06.8
44	300	Helen	O'Sullivan	Hailsham Harriers	2:46:09.3
45	311	Dudley	Powell		0 2:46:20.7
46	297	Michele	Nixon	Crawley Saints and Sinners	2:46:25.8
47	176	Russell	Banks	Worthing and District Harriers	2:47:28.3
48	381	Jonathan	Babbage	Tuff Fitty Triathlon Club	2:47:54.7
49	256	Mike	Howard	Hove Hornets	2:49:07.6
50	301	Tom	Oakey		0 2:51:18.8
51	218	Alex	Darroch		0 2:52:30.5
52	383	Terry	Heath		0 2:52:48.5

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53	287	Rob	Mecham		0 2:53:27.9
54	277	Luke	Lycett	Worthing and District Harriers	2:53:38.6
55	283	Stevie	McCusker		0 2:53:47.2
56	261	Chris	James	Emsworth Joggers	2:54:00.1
57	303	Matt	Orrell	Worthing and District Harriers	2:54:11.4
58	269	Michelle	Kyte	Natural Born Runners	2:54:26.4
59	172	Joannah	Arias	Arena 80	2:54:56.4
60	313	Jan	Prest	Arena 80	2:55:14.2
61	358	Lesley	Tugwell	Worthing and District Harriers	2:55:16.2
62	179	Ian	Bayley	Bognor Regis Tone Zone Runners	2:55:17.7
63	292	Robert	Miles		0 2:55:18.2
64	310	Simon	Porges	Rogue Runners	2:57:29.9
65	186	Jessica	Bricknell		0 2:57:37.0
66	198	John	Challen		0 2:58:04.2
67	348	Andrew	Stenning	X	2:58:47.4
68	197	Neal	Cass	Portslade Hedgehoppers	2:58:54.7
69	364	Marlon	Webb		0 2:59:00.6
70	382	Lee	Bishop		0 2:59:21.7
71	211	Ian	Cranfield	BOSH Run	2:59:30.2
72	200	Gary	Chow		0 2:59:32.5
73	314	Peter	Ramsdale	Bognor Regis Tone Zone Runners	3:01:13.1
74	289	Diane	Melrose		0 3:01:26.2
75	239	Graham	Geraghty		0 3:01:27.1
76	341	Nuala	Smyth	ARUNNERS	3:01:48.9
77	336	Charles	Simmonds	Worthing and District Harriers	3:02:02.8
78	273	Steve	Leach		0 3:02:13.4

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79	278	Ivan	Lyons	100 Marathon Club	3:02:50.8	
80	252	Colin	Harris	WADHURST RUNNERS	3:03:03.4	
81	220	Amy	Davies		0 3:04:59.3	
82	359	Geraldine	Tyler	We run Hassocks	3:05:22.8	
83	182	Helen	Block	Arena 80	3:05:33.5	
84	334	Kate	Short	Horsham Joggers	3:06:50.1	
85	264	Sue	Jones		0 3:07:15.1	
86	192	Louise	Budd	RunBrighton	3:07:19.3	
87	270	Shona	Lachaal		0 3:07:27.7	
88	267	KerryFree	Kipling		0 3:09:12.6	
89	326	Chris	Ruane	Uckfield Runners	3:09:35.7	
90	236	Alan	Fry	Burgess Hill runners	3:09:55.1	
91	375	Florence	Wolfe	Burgess Hill runners	3:09:55.6	
92	327	Adrian	Rutledge	Portslade Hedgehoppers	3:09:59.4	
93	306	Jacky	Patching		0 3:10:38.5	
94	221	Chris	Davies		0 3:11:12.3	
95	175	Liam	Banham-Ray	Lancing Eagles Running Club	3:11:36.5	
96	190	Stuart	Brown	Arena 80	3:13:02.9	
97	187	Emma	Bristow	Brighton & Hove AC	3:13:21.3	
98	315	Mark	Raven	Worth Way Runners	3:13:30.0	
99	174	Tabitha	Atkinson	Brighton Phoenix	3:13:38.9	
100	171	Vera	Alladitta	Horsham Blue Star Harriers	3:13:59.4	
101	195	Tim	Bushby	Worthing and District Harriers	3:14:45.2	
102	360	Katia	Vamvakiti		0 3:15:48.5	
103	354	Teresa	Tester		0 3:16:40.7	
104	193	Emma	Bull		0 3:16:41.1	

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Position	Number	First Name	Surname	Team	Time
105	199	Kel	Chamberlain		0 3:18:00.3
106	230	Clare	Evans	Lingfield RC	3:18:47.3
107	219	Alison	Davey	Sittingbourne Striders	3:18:54.2
108	339	Paul	Smith	Crawley Saints and Sinners	3:19:11.7
109	317	Jonathan	Reid	trail running association	3:19:12.5
110	325	Siobhan	Roughan		0 3:20:05.6
111	337	Nick	Simmonds		0 3:20:32.8
112	345	Peter	Spicer		0 3:22:43.7
113	265	Sean	Jordan		0 3:23:22.2
114	206	Colleen	Colver	Vegan Runners	3:23:32.9
115	332	Zara	Shiers		0 3:23:41.2
116	276	Sarah	Lowden	Lancing Eagles Running Club	3:25:46.8
117	353	Jade	Talbot	RunBrighton	3:25:50.6
118	340	Ronald	Smith	Sittingbourne Striders	3:28:49.6
119	322	Claire	Rixon		0 3:29:16.0
120	240	Luisa	Giammattei	Goring Road Runners	3:29:20.6
121	271	Colette	Landells		0 3:30:24.5
122	361	Hannah	Wailoo		0 3:30:29.0
123	259	Chris	Hutchinson		0 3:30:31.1
124	263	Oliver	Jones	Burgess Hill runners	3:31:17.6
125	224	Tina	Denyer	The Lonely Goat Running Club	3:31:37.7
126	250	Marcus	Hancocks		0 3:35:00.1
127	184	Lisa	Bowler	Horsham Joggers	3:35:06.9
128	293	Anne	Morrey	Worthing and District Harriers	3:35:20.2
129	378	Clare	Worgan	Tuff Fitty Triathlon Club	3:36:24.9
130	290	Joe	Mendes		0 3:36:29.8

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131	237	Sally	Gamble		0 3:36:34.8	
132	232	Pamela	Field	Crawley Saints and Sinners	3:37:04.5	
133	180	Cindy	Berridge	Worth Way Runners	3:37:41.1	
134	202	Despina	Christofis		0 3:40:41.8	
135	235	David	Freeborn	100 Marathon Club	3:40:42.4	
136	205	Rosalind	Clarke		0 3:45:00.5	
137	282	Paul	Matson	Beginners 2 Runners	3:46:29.5	
138	191	Lorraine	Collins		0 3:49:05.9	
139	352	Maria	Switzer		0 3:50:19.8	
140	226	Jeska	Eade		0 3:50:30.8	
141	356	Zingy	Thetho	X	3:55:21.4	
142	244	Sarah	Green	Worthing and District Harriers	3:55:38.5	
143	351	Laura	Swain		0 3:58:47.7	
144	291	Derek	Middlehurst		0 4:01:41.3	
145	355	Gemma	Tew		0 4:04:43.5	
146	366	Gemma	Wells		0 4:06:49.3	
147	294	David	Mutters	Lancing eagles	4:09:54.9	
148	344	Sara	Spells	Worthing and District Harriers	4:10:44.4	
149	196	Laura	Carter	Run Academy Worthing	4:13:48.8	
150	312	Emma	Powell	Coulsdon Runners	4:28:38.0	
151	304	Liz	Ostacchini	Run Mummy Run	4:47:05.6	